

Happy Asian Fast Food 1901 S 72nd St Tacoma, WA 98408

## What to do for a Workplace Injury

# <u>If an employee is injured at work, make sure they get medical help immediately.</u>

Many falls, cuts, and sprains can become serious injuries if they aren't treated. **Get first aid** at your workplace; All employers in Washington are required to provide a first-aid kit. For further treatment, an employee may go to the emergency room or healthcare provider of their choice and tell them they were injured at work.

### What to expect from the medical provider

A doctor will:

Certify whether the injury is work-related.

Help the employee file a workers' compensation claim.

Work with the employee to decide when they can return to work.

Recommend any further treatment needs.



## Filing an Employer's Report of Accident

Your worker must initiate the claim process by filing their report of accident. After your worker has initiated the claim, you will get a claim letter with the claim number. Once you have the claim number, you can file the employer's report of accident:

- Online via our FileFast tool by signing into My L&I,
- By mail (with the claim letter you will receive a paper copy of the employer's report of accident).

#### You cannot:

- Discourage a worker from filing a claim, or seeking medical attention.
- Pay for the worker's medical treatment yourself, instead of filing a claim with L&I.
- Discriminate or retaliate against your worker for filing a claim.

Employers, by law, must report the death or in-patient hospitalization of any worker (within 8 hours) and any non-hospitalized amputation or loss of eye (within 24 hours) due to an on-the-job injury by calling 1-800-423-7233.

https://lni.wa.gov/claims/for-employers/injured-worker-what-you-need-to-know/



## **Meet the Small Business Resiliency Team**

The small business resiliency team is dedicated to supporting local business owners by connecting them with resources. In the last year, we helped 37 businesses through the economic hardships caused by COVID-19.

Our goal is to provide education, support, and resources to help Khmer small businesses grow. This year's team has three members representing the Department of Commerce and the Department of Labor & Industries.



### Sambath Eat Program Director

Sambath has a background in ceramics and Asian studies. He joined CACCWA to connect with the community and assist small businesses in becoming more successful. Outside of work, Sambath enjoys taking care of his pet rabbit, playing volleyball, and binge watching shows on Netflix.

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# **Annika Prom**Program Coordinator

Annika is a junior at the University of Washington studying Environmental Engineering. She joined CACCWA to learn about the diverse members of the Khmer community around her. In her free time, Annika likes to take care of plants, work on crossword puzzles, and make poster designs.

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## **Maxine Tonty**Program Coordinator

Maxine studies biology and public health at the University of Washington. She became a part of CACCWA to be more connected to the local Cambodian community. She enjoys spending her time outside of work hiking, cooking, or hanging with her cat, T'challa.

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